

# Facilitator Guide



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## Fentanyl

### Remember Your Job as Peer Ambassador:

- Make sure you display the meeting conversation **GROUND RULES** and cover them. This is the 4th slide in your PowerPoint Topic Awareness Presentation.
- You have 20 minutes for your group discussion. Elect a **timekeeper** who tells you when you have 5 minutes remaining.
- Your job is to keep the meeting focused and on track given the time allotted.
- Your job is to ensure that most discussion questions are covered and that **EVERYONE** who feels comfortable can contribute to the conversation.
- All opinions and points of view are accepted.
- Remember, based on personal experience, some people may get very emotional.
- Show **EMPATHY** with kindness in the tone of your voice.
- When people talk, try to help them stay on topic.

**Slide 1:** Introduce yourself and welcome members.

**Slide 2:** The topic we are covering today is Fentanyl.

**Slide 3: READ SLIDE: REVIEW MEETING AGENDA**

**Slide 4: STATE:** Before we start let's go over these ground rules:

- No phone use, please
- No side conversations
- All opinions accepted
- It's important to share
- Try to stay on topic

**Slide 5:** Let's begin our meeting with our clubhope™ Affirmation. Let's say the Affirmation out loud together.

- We respect and honor all opinions and feelings.
- It is okay not to talk but all are encouraged to participate when ready.
- No one is judged, we show respect and empathy for each other.
- No one is perfect, we all face problems, and we try to improve our situation one day at a time.
- I may come to learn that others are dealing with the same issue I face.
- It is understandable that some of us possess untold truths about the way we feel and what we have experienced.
- We gather to have meaningful conversations to recognize we are not alone.
- Seeking professional support can help me, there is no shame in asking for help.
- We want to help others and ourselves.
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**Slide 6:** Fentanyl is a highly addictive synthetic opioid derivative that is chemically similar to morphine

**Slide 7:** What is a “synthetic” drug? (**WAIT for response**) and What Makes Fentanyl Synthetic?

- Many drugs (even opioids) are made from naturally occurring plant compounds like opium which comes from the poppy plant.
- Other opioids that are now in our community are “synthetic” meaning they are human-made in a laboratory. Most of the laboratories that make this deadly fake drug are overseas mainly in China and Mexico.

**Slide 8:** How many times more potent is fentanyl compared to FDA regulated morphine?

**STATE ANSWER:** Fentanyl is a highly addictive and deadly synthetic opioid derivative that is chemically similar to morphine but is **50 to 100 times more potent**.

**Slide 9:**

- Since synthetic opioids are produced in illegal labs, they are much cheaper than heroin—perhaps as much as [99% cheaper per dose](#) after adjusting for potency.
- It's also easy to acquire in any community now - the dealers have completely saturated the country in small rural towns, the suburbs, and big cities.
- Dealers add fentanyl, which is [up to 100 times](#) more potent than morphine to heroin and counterfeit tablets made to look like genuine prescription medications.

**Slide 10:** Read off the slide

**Slide 11:** Most of the people our age who die from fentanyl did not think they were buying it and did not want to use it.

**Slide 12:** Look at the tombstone. Which number on it represents the total number of people that died last year in the United States from an overdose?

Wait for responses

**STATE ANSWER:** Data from the Centers for Disease Control and Prevention indicates that [110,236 people died](#) in a single 12-month period.

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**Slide 13:** The DEA and law enforcement partners have seized brightly-colored fentanyl and fentanyl pills in over half of the states in the US. This new trend of “rainbow fentanyl” is a method used by drug cartels to sell highly addictive and deadly fentanyl made to look like candy to children and young people.

A public safety alert has been issued to educate YOU on the dangers of counterfeit pills. This public safety alert warns of the alarming increase of the lethality and availability of fake prescription pills containing fentanyl and methamphetamine **disguised as candy** that comes in different forms including **pills** and **decorative chalk**.

**Slide 14:** Here are the different “street names” for fentanyl.

- Read off of the slide

**Slide 15:** Here are the side effects of using fentanyl if you live long enough to experience them after taking this drug.

- Read off of the slide

**Slide 16:** Learn these signs of a fentanyl overdose:

- Small, constricted “pinpoint” pupils
- Falling asleep or losing consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and or/clammy skin/Discolored skin

**Slide 17:** Most states have a “Good Samaritan” law in place for us if we experience a friend of someone overdosing who is holding drugs. Can anyone explain the purpose of this law?

**Slide 18:** The Good Samaritan Law protects people assisting in an emergency overdose situation from arrest, as well as prosecution, for certain crimes.

The purpose of the law is to encourage any person, regardless of age, who experiences or observes a medical emergency caused by the ingestion or use of alcohol or other drugs to seek medical assistance without fear of arrest or prosecution for:

- Possessing or using a controlled dangerous substance
- Possessing or using drug paraphernalia
- Providing alcohol to minors

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The Good Samaritan Law applies to any person who seeks, provides, or assists with the provision of medical assistance as the result of a person ingesting or using alcohol or drugs.

It also applies to the victims if the victims receive assistance because someone else sought help for them.

**Slide 19:** Look at the image of the pencil. Just this small amount of fentanyl (2 milligrams or 3 grains of salt) can kill you in under two minutes. Two and a half pints of milk containers filled with fentanyl can kill 500,000 people. Most deaths are accidental, people just like yourself who did not know what they were taking had been laced with fentanyl and by then it was too late. Fentanyl travels to your brain stem which produces receptors to tell your body to shut down its breathing altogether.

**Slide 20:** Don't be afraid to call 911.

Read off slide

You can be **one person directly responsible for saving the life** of a good friend or someone you know. Maybe even someone you don't know.

**Slide 21:** Okay, it's time to talk about this subject as a group. I am going to ask the group some questions and I would like people to weigh in on what I am asking.

**Slide 22: FACILITATE GROUP DISCUSSION (LOOK AT CLOCK TO DETERMINE HOW MUCH TIME YOU HAVE - THIS DISCUSSION IS SLATED FOR 20 MINUTES)**

**ASK THESE QUESTIONS AND WRITE (OR HAVE ANOTHER PEER) WRITE THE ANSWERS (TAKEAWAYS) ON A FLIPCHART:**

- (By a show of hands) How many people here know of someone who died from an overdose?
- (By a show of hands) how many people here have had a family member of a close friend die from an overdose?
- Would anyone like to share their story of what happened when you learned they died and how that made you feel?
- What toll did their death take on the family members?
- How many people in this group - even if it is not a dangerous drug like fentanyl - had an experience with peer pressure to take a drug to look cool and fit in? Can you talk about that?

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- What would you do if someone handed you a pill and they said it's perfectly okay to take?
- Do you think you would have the courage to tell someone not to take a pill or a dose of something? How would you stop them? Would you tell your parents?
- By a show of hands, how many people in the room were aware of the Good Samaritan Law?
- Now that you know about the Good Samaritan Law would you immediately call 911 even if you or the person overdosing had drugs with you?

**Slide 23:** We had some great conversations on today's Topic Awareness Presentation. I would like you to please follow clubhope™ on Instagram.

**Slide 24: COVER: (ANY CLUB FUNDRAISER, BUSINESS OR OTHER ACTIVITIES. ASK FOR VOLUNTEERS. WRITE DOWN WHO IS DOING WHAT AND BY WHEN)**

**STATE: DATE AND TIME OF NEXT CLUB MEETING.**

**Slide 25:** Thank you for today!

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